

GIVE HOPE. HELP FEED A CHILD

365 DAYS OF CHILD PROTECTION

GEE HOOP. HELP VOED 'N KIND

365 DAE VAN KINDERBESKERMING



BOTTLES OF UBUNTU

HELP PROTECT OUR CHILDREN

FILL BOTTLES WITH SOUP MIX

HOW CAN YOU HELP? DONATE A BOTTLE OR BAG OF SOUP MIX AND/OR THE INGREDIENTS:

EACH BOTTLE UBUNTU:

- **½ A CUP OF RICE**
- **½ CUP OF SOUP MIX OR SPLIT PEAS**
- **½ CUP OF LENTILS**
- **1 STOCK CUBE (UNWRAP & ADD TO MIX)**
- **1 SACHET OF SOUP POWDER**
- **OPTIONAL: ADD SOME PASTA OR SAMP**

PLACE COOK INSTRUCTIONS IN BOTTEL:

Bring 2.5 liters of water to boil. Add contents of bottle or bag. Boil for 35 - 40 minutes. Keep stirring and enjoy.

YOUR CHILD IS MY CHILD

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BOTTLES OF UBUNTU

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DROP-OFF POINTS AT NEAREST ACVV OFFICE OR FACILITY**